



## Massage Therapy

### Signature Swedish Massage

\$100/60 minutes

\$150/90 minutes

Restore balance and soothe your muscles with Swedish massage techniques for the perfect treatment. This customized massage will restore balance, relieve stress, increase relaxation and revitalize your body, mind, and spirit. Also available for couples.

### Signature Therapeutic Deep Tissue

\$115/60 minutes

\$160/90 minutes

Deep Tissue massage that will target muscle tightness, fatigue, and chronic areas of stress; relieving tension and improving muscle tone. Specific focus will be given to release trigger points, reduce muscle knots, pain, and overall tightness. This signature massage will relieve aches and pains while restoring health to your body. Also available for couples.

### 19th Hole Sports Massage

\$120/60 minutes

Soothe, stretch and relieve muscle tension received on the greens or from physical activity. Perfect for the golfer, tennis player or anyone with an active lifestyle.

### Reflexology

\$80/60 minutes

Reflexology is an ancient healing technique that relieves stress and tension in your body through massage and pressure points located in the feet and hands. Massaging the reflex points releases energy blockage and enhances relaxation and total body relief.

### Express Massage

\$55/30 minutes

Invigorating massage focused on back, neck & shoulders. Designed to get you in & out & restored.

### Massage Upgrades

Scalp Massage \$10

Hot Stones \$20

Aromatherapy \$10

Pre - Natal *Applicable to the Signature Swedish Massage and is designed for expectant mothers in their 2nd & 3rd trimester*



## Skin Care

### Signature Facial

*\$100/60 minutes*

Perfect for all skin types, this facial tightens skin with retinol, brightens the skin with antioxidants of grape seed and green tea, naturally lightens with fruit extracts, nourishes skin with a blend of A, E, and C vitamins, soothes skin with chamomile, cucumber, and aloe vera, and hydrates with pure hyaluronic acid. Just one treatment will reduce inflammation, smooth fine lines, and improve the look of dull/damaged skin.

### Max Stem Cell Facial

*\$140/60 minutes*

An innovative anti-aging treatment providing ultimate correction, prevention and nutrition to the skin with plant-derived stem cells, peptides and botanicals. Skin will instantly look refreshed, rejuvenated, hydrated and balanced.

### O<sub>2</sub> Lift Facial

*\$150/60 minutes*

A revolutionary treatment to exfoliate, illuminate and oxygenate. This luxurious treatment infuses oxygen, plant-derived stem cells and high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated.

### Signature Four Layer Facelift

*\$120/60 minutes*

This revolutionary four layer facelift will truly change the image of your skin. Vitamin C, glycolic acid and gentle but highly active enzymes speed up cellular turnover and brighten, tighten, and lighten your skin in just one treatment.

### Iluma Facial

*\$120/60 minutes*

Formulated to lighten, brighten and illuminate all skin tones and leave a glowing complexion. An intense lightening and brightening facial that utilizes the latest technology in plant-derived stem cells, peptides and botanicals, it corrects and prevents pigmentation and uneven skin tone leaving you with an illuminated complexion.

### Facial Upgrades

Lip Enhancement	\$15
Antioxidant Facial Enhancer	\$20
Hyaluronic Facial Enhancer	\$20
Retinol Facial Enhancer	\$20
Microdermabrasion	\$60



## Professional Skin Care Treatments

### Microdermabrasion

*\$120/30 minutes*

Series of 6 - \$600 (suggested frequency is bi-weekly to monthly)

Diamond Tip Microdermabrasion peels away dead skin and reduces wrinkles, acne scars and brown spots. It is a gentle buff and polishing that will help increase your skin's renewal process and increased product penetration.

### Advanced Perfection Peel

*\$80/30 minutes*

Series of 6 - \$400 (suggested frequency is every 2 weeks)

Our exclusive peel comprised of a blend of alpha and beta hydroxy acids, retinol, antioxidants, and peptides. This peel creates perfection when treating advanced pigmentation, acne and aging conditions.

### Lightening Lift Peel

*\$80/30 minutes*

Series of 6 - \$400 (suggested frequency is every 2 weeks)

Lift your skin to a new level of health by targeting dark spots and aging. This lactic and kojic acid peel reduces all forms of pigmentation.

## Waxing

*Hair needs to be at least 1/4 inch long to achieve optimal results.*

Eyebrows	\$25
Chin	\$15
Lip	\$15
Full Face	\$45
Underarm	\$35
Bikini	\$50
Extended Bikini	\$60

*Additional body waxing services available upon request.*



## Body Treatments

### **Vaquero Signature Sugar Scrub**

*\$85/60 minutes*

Relax and enjoy as milk from the Coconut combined with macadamia and coconut oil are gently massaged into the skin followed by an application of pure cane sugar and tropical nut oils, ridding the body of dead skin, revealing new healthy skin as well as strengthening the skin's elasticity and replenishing moisture loss.

### **South Seas™ Spray Tan**

*\$45*

*Series of 6 - \$225*

Bronze your skin with our exclusive spray tan, applied by a licensed tech. Our products are paraben free and made from organic and natural ingredients. Best results are achieved when the Sugar scrub exfoliation is performed prior to the application of the spray tan. Tan lasts approximately 5 - 7 days.

## Packages

### **Vaquero Signature Package - \$200**

Discover a new you with our two most popular services: the Signature Swedish Massage (60 minutes) followed by our Signature Facial (60 minutes).

### **The Ultimate Vaquero Experience - \$250**

An extraordinary journey with a 90 minute massage to ease tension and promote a deep sense of relaxation with essential oil scalp massage and a 60 minute signature facial to leave you looking & feeling your best.

\*Upgrades to packages are available



## Manicures & Pedicures

### Milk & Honey Spa Manicure/Pedicure

*Manicure - \$45*

*Pedicure - \$50*

Bring back a youthful glow to the hands/feet. This treatment starts with a relaxing soak in hydrating milk bath, followed by an exfoliation of pure cane sugar infused with essential oils, enzymes and coconut oil. A warm body butter masque will deliver moisture to instantly revive skin while milk proteins set in motion a firming process to reduce the appearance of fine lines. Finish this amazing service with a relaxing hand or foot massage.

### Tropical Island Manicure/Pedicure

*Manicure - \$45*

*Pedicure - \$50*

You begin with a coconut milk hand/foot soak, which washes away stress and softens and hydrates. You will then be treated to an exfoliating hand and arm scrub with a blend of coconut milk, drift nut oils and ground drift nuts. Next enjoy a relaxing massage with coconut body butter that is massaged into the skin, leaving your de-stressed, soft and freshly scented.

### Orange Blossom Manicure/ Pedicure

*Manicure - \$35*

*Pedicure - \$40*

Never has a pedicure done more for the hands/feet than this unique treatment. In the beginning, the hands/feet are soaked in a bath of pure coconut milk and exotic nut oils to soften and hydrate the deepest layers of dry skin. A natural cane sugar rub then lifts away dry skin and polishes the skin to a natural glow. Top it all off with a tropical and rejuvenating massage using Orange Blossom body butter.

### Classic Manicure or Pedicure

*Manicure - \$25*

*Pedicure - \$30*

This simple yet pampering service will leave your nails clean and polished. Service includes a hand soak, nail shaping and filing, cuticle maintenance, finishing up with a massage and polish.

### Nail Upgrades

Gel Polish	\$15/application
	\$10/removal
Callus Remover	\$5
French Tip	\$5
Paraffin	\$5
Acrylic Removal	\$15



## Day Spa Information & Reminders

### Service Charge

A standard 20% service charge is applicable to all spa services.

### Guests

Guests are welcome to use spa services however, due to the nature of spa treatments, please speak with the spa staff to make arrangements if you are unable to accompany your guest.

### Etiquette

Please arrive at least 15 minutes prior to the time of your scheduled treatment for preparation and to enjoy the maximum treatment time. Late arrivals can be accommodated but may reduce the treatment duration. Robes & slippers are provided for your comfort, you are welcome to enjoy the steam room and lounge area prior to & following your treatment.

### Gift Certificates

Gift certificates are available for spa treatments, packaged treatments, products or a specific value. Gift certificates are non-refundable.

### Cancellations

If you must reschedule or cancel a scheduled treatment, please provide a 24 hour advance notice to avoid a charge.

### Children

Children under 14 years of age must be accompanied by an adult in the Spa & Ladies Lounge. Treatments for children are available, contact the Spa for more information.

### Vaquero Day Spa

817.379.4557

[Spa@VaqueroClub.com](mailto:Spa@VaqueroClub.com)

Tuesday: 10:00 am – 6:00 pm

Wednesday: 10:00 am – 6:00 pm

Thursday: 10:00 am – 6:00 pm

Friday: 10:00 am – 6:00 pm

Saturday: 10:00 am – 6:00 pm

Sunday: Appointment Only

Monday: Closed